

Know How to Dispose of FOG (Fats, Oils, and Grease)

This time of year is the best time to bake, roast, and prepare many special seasonal meals. With the holiday season approaching, there is one rule that every cook should remember:

Don't dump Fats, Oils, or Grease (FOG) down the drain! Instead, Cool It! Can It! Trash It!

Where does FOG come from? FOG is found in many foods such as:

- Cooking oil
- Butter and margarine
- Lard

- Sauces
- Food scraps
- Dairy products



FOG is an unavoidable part of cooking but knowing how to dispose of FOG is key. Excess Fats, Oils, and Grease should never be poured down the sink, or flushed down the toilet. FOG that's poured into the sink or toilet will harden in the pipes. This can cause backups in your plumbing and Boston's sewer lines.

Disposing of FOG is easy

All you need to do is Cool It! Can It! Trash It!

After cooking, let FOG cool in the pan. Once cooled, pour or scoop FOG into a can. Cover the can with a BWSC Grease Lid and store it in the freezer. When the can is full, remove the lid for reuse, and put the can into the trash on your regular trash collection day.



Boston residents can request a FREE BWSC Grease Lid! Call BWSC at 617-989-7599, or request one online at www.bwsc.org. Lids are also available at our neighborhood sites upon request.



Find Us at Stop & Shop This Holiday Season

Visit our informational table on November 22, 23 and 24 at the South Bay Stop & Shop, located at 1100 Massachusetts Avenue, to pick up a free BWSC Grease Lid. Get your free lid and learn about how to prevent clogged pipes and sewer lines, all while shopping for your holiday groceries.













Don't Forget to Scoop the Poop!

Catch Basins connect to storm drains that discharge runoff without treatment to the nearest waterway. Dumping pet waste into a catch basin pollutes waterways. As with other refuse, the proper place to dispose of pet waste is in the trash. Pet waste is harmful to our waterways.



South End &

Roxbury

Adopt a Catch Basin This Fall

Help to keep leaves and debris from catch basins by adopting one near you and clearing off anything that accumulates. Check out our catch basin map at BWSC.org to find one in your area. Clearing catch basins will prevent flooding in your neighborhood and reduce pollution of Boston's waterways.

Monday-Friday 8a -5p & Wednesdays 8a-7p

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ber - December 2019		November	December
Allston Brighton Child and Family Service Center, 406 Cambridge Street	Thursdays 10am-12pm	21	19
Golden Age Center, 382 Main Street	Tuesdays 11am-1pm	26	24
CCBA, 90 Tyler Street	Thursdays 11am-1pm	14	12
Uphams Corner Municipal Building, 500 Columbia Road	Fridays 10am-12pm	15	13
East Boston APAC, 21 Meridian Street	Wednesdays 10am-1pm	6 13	4 11
Kit Clark Senior Center, 1500 Dorchester Avenue	Mondays 10am-12pm	18	16
Hyde Park Municipal Building, 1179 River Street	Tuesdays 10am-1pm	5 19	3 17
Jamaica Plain Public Library, 30 South Street	Mondays 10am-12pm	4	2
Mattapan Public Library, 1350 Blue Hill Ave	Fridays 10am-12pm	1	6
North End Public Library, 25 Parmenter Street	Thursdays 10am-12pm	7	5
Great Roslindale Medical and Dental Center, 4199 Washington Street	Tuesdays 10am-1pm	12	10
South Boston APAC, 424 West Broadway	Wednesdays 10am-1pm	20	18
Roche Community Center, 1716 Centre Street	Fridays 10am-1pm	22	20
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BWSC Headquarters, 980 Harrison Avenue